

Richiesti i patrocini:

AGORà SIME                        

Con il patrocinio di:

  

# AIGEF

Associazione Italiana Ginecologia Estetica e Funzionale

## Three Ages of Woman

### 8<sup>th</sup> National Congress

### 1<sup>st</sup> International AIGEF

Presidenti del Corso:  
E. Fasola, F. Murina

Coordinamento scientifico:  
A.M. Becorpi, C. Oliva

2024 September 13<sup>rd</sup>-14<sup>th</sup>

Enterprise Hotel

C.so Sempione 91 • Milan

8,4 CREDITI ECM

# Three Ages of Woman

8<sup>th</sup> National Congress

1<sup>st</sup> International AIGEF

## FACULTY

Andeera Abuinnab

Franco Anglana

Gabriella Baiocchi

Silvia Bariselli

Angela Maria Becorpi

Veronica Boero

David Bosoni

Massimiliano Brambilla

Giovanni Buzzacarini

Stefania de Fazio

Rebecca Degliomini

Laura De Rosa

Francesco De Seta

Raffaella De Simone

Davide De Vita

Dhoua Dridi

Elena Fasola

Cecilia Fochesato

Alessandra Graziottin

Rosario La Spina

Domenico Leonardi

Alessandra Lusi

Ursula Mirastschijski

Filippo Murina

Agnieszka Nalewczynska

Cosimo Oliva

Isabella Pia Palmieri

Sabina Pelizzari

Pierpaolo Prestianni

Jasna Radovanovic

Dario Recalcati

Riccardo Rossi

Pietro Saccucci

Stefano Salvatore

Luca Siliprandi

Mattia Siliprandi

Terryann Spagnuolo

Angelo Stuto

Lucilla Tedeschi

Angelo Trivisonno

Silvia Villa

**2024 September 13<sup>rd</sup>**

Milan

08:30 **Participants Registration**

09:00 **VIII AIGEF Congress Opening and Welcoming Speech**

**P. Saccucci** (*President of AIGEF*)

**F. Murina**

**E. Fasola**

**A.M. Becorpi**

**C. Oliva**

09:15 **AIGEF Z GENERATION Project - WIDENING HORIZONS:  
Artificial intelligence in aesthetic and functional gynecology  
- Experimental trials**

**Moderators/Discussants: E. Fasola, M. Siliprandi**

**Panelists:**

• **What about Labia?**

M. Siliprandi

• **Innocent Beauty - Exploring Vulvar Synechiae in Young Girls**

C. Fochesato

• **Botox, between aesthetics and function**

D. Bosoni

• **Gynecology and A.I. - New horizons and future perspectives**

R. Of men

• **Exosomes in Aesthetic and Functional Gynecology**

G. Buzzaccarini

• **Clinical trials in Aesthetic and Functional Gynecology**

D. Dridi

09:45 **ROUND TABLE**

**INTIMATE WELL-BEING IN THE VARIOUS STAGES OF A WOMAN'S LIFE.**

**Focus on: microbiota, urogynecology and pelvic floor rehab**

**Moderators/Discussants: F. Murina, C. Oliva**

**Panelists:**

• **The role of nutrition in intimate well-being and infertility**

F. De Seta

• **The importance of pelvic floor rehab in women's well-being**

S. Pelizzari

• **MICROBIOTA IS NOT AN ALIEN!**

F. Anglana

• **Prevention and treatment of recurrent cystitis**

S. Salvatore

10:45 **Coffee break**

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11:00 **ROUND TABLE**

**VULVAR PATHOLOGY: THE "COMMON THREAD" BETWEEN AESTHETICS AND FUNCTION IN THE LIFE STAGES OF THE WOMAN**

**Moderators/Discussants:** *F. Anglana, D. Recalcati*

**Panelists:**

• **To Preserve vulvar-vaginal and perineal health**

A. Graziottin

• **Ultrasound evaluation of vestibular skin in patients with vulvovaginal atrophy**

A. Lusi

• **"The Regenerated Vulva":**

**The perfect ratio between aesthetics and function**

F. Murina

• **Vulvar dermatosis: preventing and managing functional outcomes**

F. Anglana

• **Differential diagnosis between pathological and senescent vulva:**

**Diagnosis and therapy**

R. Rossi

12:00 **ROUND TABLE**

**AESTHETIC AND FUNCTIONAL GYNAECOLOGICAL SURGERY IN THE PHASES OF A WOMAN'S LIFE**

**Moderators/Discussants:** *P. Saccucci, S. de Fazio, L. Siliprandi,*

*R. La Spina*

**Panelists:**

• **The internal suture of the labial bursa:**

**A new and innovative modeling technique**

M. Brambilla

• **Colpoperioneplasty**

U. Mirastschijski

• **Middle Eastern Labiaplasty**

A. Abuinnab

• **Hemorrhoidal Plexus Surgery**

A. Stuto

• **Nuck's cyst: Malformation and aesthetics**

C. Oliva

• **A map road through the multi-faced world of female cosmetic surgical techniques**

L. De Rosa

13:00 **Light lunch**

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13:45 **ROUND TABLE**

**QUALITY OF LIFE: PSYCHO-PHYSICAL AND INTIMATE WELL-BEING**

**Moderators/Discussants:** *E. Fasola, F. Murina*

**Panelists:**

- **The voice of the patients - " Donne in"**

L. Tedeschi

- **"Gift of Giving" Project**

C. Virzi

14:20 **ROUND TABLE**

**HIGH TECH - THE CORRECT USE IN DIFFERENT AGES OF WOMEN**

**Moderators/Discussants:** *E. Fasola, A.M. Becorpi*

**Panelists:**

- **Ultrasound evaluation of the vulvar hypodermis as a factor**

**Diagnosis of vulvovaginal atrophy in menopause**

T. Spagnuolo

- **The Erbium laser and systemic integrative therapy for vulvovaginal atrophy**

P. Saccucci

- **Latest generation Radiofrequency in GSM**

S. Salvatore

- **Use of Oxygen in vulvovaginal atrophy and beyond.**

F. Murina

- **Women's intimate health and combined EBD:**

**Core to floor and radiofrequency**

J. Radovanovic

- **Vaginal Natural Oxygenation Device (VNOD) and Lichen:**

**A Pilot Study**

R. De Simone

15:20 **ROUND TABLE**

**FEMALE GENITAL AESTHETIC AND FUNCTIONAL MEDICINE  
AND MINIMALLY INVASIVE METHODOLOGIES**

**Moderators:** *D. Leonardi, C. Oliva*

**Panelists:**

- **Vulvo-Vaginal Atrophy in Menopause and Postpartum**

I.P. Palmieri

- **Minimally invasive procedures of improving function and esthetics of the female genitalia**

G. Baiocchi

- **Cosmetic Gynecology: current tendency for non-surgical approach**

S. Villa

- **Labia Majora Filler**

E. Fasola

- **Injectable therapy in vulvovaginal atrophy**

A. Lusi

- **Dermato-functional physiotherapy**

S. Pelizzari

- **Vulvar Hyperpigmentation**

A. Abuinnab

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16:20 **ROUND TABLE**

**INTEGRATIVE MEDICAL THERAPY (drugs and supplements during fertile life, systemic and topical HRT)- Discussed according to the three ages (adolescence, postpartum, menopause and third age)**

**Moderators: E. Fasola, A. Lusi**

**Panelists:**

• **Light therapy and Biohacking:  
how to positively influence human biological software**

S. Bariselli

• **Integrative therapy with Ospemifene and Cannabis  
in vulvovaginal atrophy**

A.M. Becorpi

• **Bioidentical Hormones: what are they?**

F. Anglana

• **Galenic HRT for topical application  
with plant-based hormones**

S. Bariselli

• **Electroporation in vulvovaginal atrophy**

D. Leonardi

17:40 **ROUND TABLE**

**REGENERATIVE MEDICINE AND SURGERY - Discussed according to the three ages (adolescence, postpartum, menopause and third age)**

**Moderatori/Discussant: A. Stuto, A. Abuinnab, R. La Spina Panelists:**

• **Multidisciplinary management of lichen sclerosus** M. Brambilla

• **Proctological Regenerative Surgery**

P. Prestianni

• **Fat-grafting in vulvar area**

A. Trivisonno

• **PRP in vulvo-vaginal aging**

A. Nalewczyńska

• **Heterologous bio-regenerative injectable treatment  
to counteract vulvo-vaginal atrophy**

E. Fasola

• **Nano-fat-grafting in the treatment of POP**

D. De Vita

• **PRP in Lichen Sclerosus**

V. Boero

19:00 **Closing of the first day**

20.00 **Dinner and Live Music Party**

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Milan

09:00 **Welcome coffee**

**LIVE STREAMING FROM SURGERY ROOM**

09:30 • **Aesthetic-functional and regenerative surgery**

(labiaplasty and/or perineoplasty, lipofilling)

• **Aesthetic medicine**

(vulvar biostimulation)

12:30 • **H-tech: CO2 Laser, Carboxytherapy, Radiofrequency,**

14:30 **Q&A**

**AIGEF MEETING**

**Closing of the Congress and CME publication questionnaire**

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## 8<sup>th</sup> National Congress

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## GENERAL INFORMATION

### TRAINING CREDITS (ECM)

The Congress has obtained 8.4 CME credits from the Ministry of Health, the training credits will be awarded to Surgeon: Endocrinology, Gynecology and Obstetrics, Urology, General Medicine (Family Doctors); Midwife.

For the purposes of the disbursement of credits, it is necessary to follow 100% of the training activity.

The CME questionnaire and the evaluation form will be published at the end of the Congress and will remain available for the next 72 hours on the portal on:

[www.mktecm.it](http://www.mktecm.it)

### Certificate of participation

A certificate of participation in the Congress and in the individual courses will be issued by e-mail.

### QR CODE

Access will be allowed only to members in possession of a QR Code received by email which must be shown at the entrance control.

### CONGRESS VENUE

Enterprise Hotel

C.so Sempione 91

20149 Milan MI

### PRIVACY POLICY

MKT ECM S.r.l. processes all personal data according to the European GDPR Regulation (General Data Protection Regulation) and Legislative Decree no. 196/2003.

In particular, for registration to the Congress MKT ECM S.r.l. collects, stores and processes the personal data of the participants and therefore requires their consent.

### OBJECTIVES OF THE EVENT

**GUIDELINES - PROTOCOLS - PROCEDURES.**



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## GUIDE TO FILLING IN THE CME QUESTIONNAIRE

IT WILL BE PUBLISHED ONLINE FROM THE END OF THE EVENT UNTIL THE FOLLOWING 72 HOURS

- Connect to the **mkt ecm portal**  
[www.mktecm.it](http://www.mktecm.it)

**LOGIN**



### Log in

**ID:** your email (must be the one to which you received the QR code).

**PASSWORD:** the personal one created after the first login if forgotten/lost click on **password recovery** which will arrive on the same email as the ID.

- **Once I have LOGGED IN**, check with **edit my data** that all the required data have been entered.



- **Then go to COURSE LIST**  
Select the poster of that of interest.



- Then click on **QUESTIONARIO ECM**



- Finally, fill in the **CME SATISFACTION**

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## REGISTRATION FORM FOR THE CONGRESS

*The Congress is limited in number*

**To register for the Congress, it is necessary to register on the portal: [www.mktecm.it](http://www.mktecm.it), after confirmation of registration, it will be possible to register for the Congress.**

The registration request and payment must be made by September 6th on the [www.mktecm.it](http://www.mktecm.it) website

### **Registration for the Congress (22% VAT included)**

- o Surgeon/Psychologist € \_244,00
- o Midwives and Residents € \_122,00
- o Physiotherapist € \_122,00

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The CME questionnaire and the evaluation form will be published at the end of the Congress and will remain available for the next 72 hours on the portal on [www.mktecm.it](http://www.mktecm.it)

**Certificate of attendance:** A certificate of attendance at the Congress will be issued by e-mail.

**Cancellation:** For documented cancellations that arrive within 30 days before the event, 50% of the amount paid will be refunded, no refund will be made after this date.

**Qr Code:** Access to the Congress will be allowed only to members in possession of a Qr Code received by email which must be shown at the entrance control.

### **Online Payment Methods:**

or PayPal

- o Bank Transfer €

Intestato a: **CG MKT S.r.l.**,

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**SEGRETERIA ORGANIZZATIVA**

◆ CG MKT

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**OBIETTIVI DELL'EVENTO:**  
LINEE GUIDA - PROTOCOLLI - PROCEDURE